

# **{Good} Morning Schedule**

**Up until 7 a.m.** - Make your bed, pick out school clothes (set aside), read or quiet time

**7 a.m.** - FREE time - can watch TV, play, read

**7:45 a.m.** - Shut off TV. Set breakfast table. Put lunch and homework folder in backpack, comb hair.

**7:55 a.m.** - Eat breakfast, put dishes in sink

**8:05 a.m.** - Get dressed (socks, too), finish hair, wash face, brush teeth. Shut light off and close blinds in room.

**8:15 a.m.** - Get shoes on, jacket on, backpack

**8:20 a.m.** - Walk to bus stop

**8:25 a.m.** - Give mama kisses/hugs, catch the bus and have a great day at school!